

DAILY ACTIVITIES



COMPLIMENTARY TOURS

Book at Guest Services
Extension 6419

Dunn's River Falls Tour
Departs from the Lobby at 9am
Daily except for Fridays

Shopping Tour
Departs from the Lobby at 2:15pm
Tuesdays and 10:30 Fridays

Margarita Ville Tour
Departs from the Lobby at 10:30pm
Monday nights only

Upton Golf Course
Departs from the Lobby daily
At 8:00am and 1:00pm Transportation and
Greens Fees are complimentary. Cart, caddy,
and club rental are additional.

*Please call us at Ext #6417 & 6419 if you have any
questions about the social activities.*

Enjoy your experience

DAYTIME ACTIVITIES

Daily Orientation 10 am & 5 pm (Meet in lobby)

OLDIES BUT GOODIES SUNDAYS

9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
11:30pm	Oldies Music Trivia	<i>(Nude Island)</i>
12:00pm	Pool Bonanza	<i>(Swim Up Bar)</i>
1:00pm	Oldies Line Dance	<i>(Veggie Bar)</i>
2:00pm	Couples Paddle Me	<i>(Au – Natural Island)</i>
1- 3pm	Jewelry Making Class	<i>(Main Beach)</i>
2:00pm	Pool Volleyball	<i>(Main Pool)</i>
3:00pm	Vintage Rip Tees	<i>(Lounge Entrance)</i>
4:00pm	Beach Volleyball	<i>(Main Beach)</i>

BEACH PARTY MONDAYS

7:30am-5pm	Fitness Classes	<i>(Yoga Room)</i>
8am-5am	Tennis Lessons	<i>(Tennis Courts)</i>
8:30am	Power Walk	<i>(Lobby)</i>
8:30am	Nature Walk	<i>(Lobby)</i>
9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
11:30am	ABC Face or Slow	<i>(Au – Natural Island)</i>
12:00pm	Caribbean Mixology	<i>(Swim Up Bar)</i>
12:30pm	Soca Line Dances	<i>(Veggie Bar)</i>
1:30pm	Couples Challenge	<i>(Veggie Bar)</i>
1- 3pm	Hat Making Class	<i>(Main Beach)</i>
2:00pm	Jamaican Tie & Dye Class	<i>(Main Beach)</i>
3:30pm	Pool Volleyball	<i>(Main Pool)</i>
4:00pm	High Tea	<i>(Lobby)</i>

ISLAND ROMANCE TUESDAYS

7:30am-5pm	Fitness Classes	<i>(Yoga Room)</i>
8am-5pm	Tennis Lessons	<i>(Tennis Courts)</i>
8:30am	Power Walk	<i>(Lobby)</i>
8:30am	Nature Walk	<i>(Lobby)</i>
9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
11:30am	Fish A Prize	<i>(Nude Island)</i>
12:00pm	Couples Game	<i>(Swimup Bar)</i>
1:00pm	Brush & Sip	<i>(Main Beach)</i>
1- 3pm	Basket Making Class	<i>(Main Beach)</i>
2:00pm	Sand Colouring Class	<i>(Main Beach)</i>
2:30pm	Pop & Catch	<i>(Patio Restaurant)</i>
3:30pm	Pool Volleyball	<i>(Main Pool)</i>
4:00pm	Beach Volleyball	<i>(Main Beach)</i>
4:00pm	High Tea	<i>(Lobby)</i>

CARIBBEAN FEVER WEDNESDAY

7:30am-5pm	Fitness Classes	<i>(Yoga Room)</i>
8am-5am	Tennis Lessons	<i>(Tennis Courts)</i>
8:30am	Power Walk	<i>(Lobby)</i>
8:30am	Nature Walk	<i>(Lobby)</i>
9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
12:00pm	Patois Class	<i>(Nude Island)</i>
12:00pm	Jamaican Trivia	<i>(Pool Bar)</i>
1:00pm	Reggae Dance Class	<i>(Veggie Bar)</i>
2:00pm	Jamaican Trivia	<i>(Nude Island)</i>
1-3pm	Painting Making Class	<i>(Main Beach)</i>
3:30pm	Jamaican Cooking Class	<i>(Patio Restaurant)</i>
4:00pm	High Tea	<i>(Lobby)</i>

TRADITIONAL THURSDAYS

7:30am-5pm	Fitness Classes	<i>(Yoga Room)</i>
8am-5am	Tennis Lessons	<i>(Tennis Courts)</i>
8:30am	Power Walk	<i>(Lobby)</i>
8:30am	Nature Walk	<i>(Lobby)</i>
9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
11:30pm	Sand Art Class	<i>(Au – Natural Island)</i>
12:00pm	Massage Class	<i>(Spa)</i>
1:00pm	Salsa Dance Class	<i>(Veggie Bar)</i>
1-3pm	Jewelry Making Class	<i>(Main Beach)</i>
2:00pm	Newly Wed Game	<i>(Au – Natural Island)</i>
2:00pm	Music Trivia	<i>(Swim Up Bar)</i>
3:00pm	Tie & Dye Class	<i>(Main Beach)</i>
4:00pm	Beach Volleyball	<i>(Main Beach)</i>
4:00pm	High Tea	<i>(Lobby)</i>

REGGAE FEST FRIDAY

7:30am-5pm	Fitness Classes	<i>(Yoga Room)</i>
8am-5am	Tennis Lessons	<i>(Tennis Courts)</i>
8:30am	Power Walk	<i>(Lobby)</i>
8:30am	Nature Walk	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
12:00pm	Pier Fishing	<i>(Pier)</i>
12:00am	Island Bonanza	<i>(Nude Island)</i>
1:00pm	Hula Hoop Challenge	<i>(Veggie Bar)</i>
1-3pm	Hat Making Class	<i>(Main Beach)</i>
2:00pm	Paddle Me	<i>(Au – Natural Island)</i>
3:30pm	Pool Volleyball	<i>(Main Pool)</i>
4:00pm	Beach Volleyball	<i>(Main Beach)</i>
4:00pm	High Tea	<i>(Lobby)</i>

INTERNATIONAL SATURDAY

8:30am	Nature Walk	<i>(Lobby)</i>
9:00am	Dunn's River Departs	<i>(Lobby)</i>
11:00am	Beach Volleyball	<i>(Main Beach)</i>
11:30pm	Horse Shoe	<i>(Main Beach)</i>
12:00pm	Couples Games Feud	<i>(Swim-up Bar)</i>
12:00pm	Lovers Challenge	<i>(Au – Natural Island)</i>
1:00pm	Mix Games	<i>(Au – Natural Island)</i>
1:00pm	Music Trivia	<i>(Swim Up Bar)</i>
1-3pm	Painting Class	<i>(Main Beach)</i>
2:00pm	Paddle Me Trivia	<i>(Swim-up Pool Bar)</i>
3:00pm	Board Games	<i>(Main Beach)</i>
4:00pm	Beach Volleyball	<i>(Main Beach)</i>

Meet the Entertainment Team

Ava Nathan — *Head of Entertainment*

Dominic Hines — *Social Director*

Alex Swaby — *Social Director*

Anna-Kay Harriage — *Social Director*

Kerian White — *Social Director*

Joseph Thomas — *Social Director*

Sherana Robinson — *Social Director*

Denille Hines — *Social Director*

Collin Fisher — *Tennis Pro*

*Reservations must be made a day in advance for **ALL***

Watersport Activities eg. Scuba, Glass Bottom Boat, Snorkeling etc.

RAINY DAY ACTIVITIES

In the unlikely event of inclement weather, we would love you to join us in the Piano Bar, Games Room or Patio Restaurant for Fun and games. Rain or shine the entertainment team is ready for you to have a great time!

Activities are subject to change without notice.