

Vacation Packing Checklist

Provided by *BestAllInclusive.com*

Use this 'starter' list as a guide, customize to fit your plans and needs.

In Your Carry On Bag:

- Airline tickets or e-ticket confirmation
- Passport/visas/driver's license
- Credit cards (*take only those you'll need and leave the rest at home*)
- Hotel & Transfers reservation confirmations
- Photocopies of all of the above, PLUS a photocopy of any prescriptions in the event you need an emergency refill while on vacation (*leave all the photocopies in the room safe or the hotel's main safe if there isn't one in your room*)
- Phone numbers for your credit card companies (*in case your cards are lost or stolen*)
- Prescription medicine (*important – keep it in the original bottle, but take only what you'll need for the duration of your trip and leave the rest at home*)
- Contraception
- Light sweater (*for the plane, which can get cold*)
- A change of clothes (*or a swimsuit and coverup*), just in case your checked luggage arrives late, or if you're arriving early in the day and can't check into your room yet (*so you can still enjoy the pool or beach while you're waiting*)
- And...if you simply *must* take valuable jewelry, wear it or take it in your carry-on, don't put it in any luggage to be checked

HER things to pack (*this is enough for a week – adjust for a different duration if needed, and for destination, activities, season*):

- 1 pair jeans or khakis (for casual evenings that may be chillier than days)
- 1 light jacket or pullover (*can be worn on the plane instead of packed*)
- 1 nice sundress
- 1 evening cocktail dress
- 1 dressy cardigan-style sweater (*for chilly restaurants*)
- 4 casual shirts (T-shirts, tank tops, short-sleeve button-downs, etc.)
- 2 pairs shorts
- 2 swimsuits (bikini for the beach, one-piece for water sports)
- 1 swimsuit cover-up (*pareos work great and can double as a shawl in the evenings*)
- 1 pair *comfortable* walking shoes/sandals (*if you go shopping or sightseeing*)
- 1 pair dressy evening shoes/sandals
- 1 evening purse
- 1 pair flip flops (*for beach or poolside*)
- Extra socks, underwear and bras (*don't forget a strapless one if you've packed a top or dress that needs it*)
- Accessories (*scarves and jewelry to "stretch" your wardrobe*)

HIS things to pack (*again, adjust for trip duration, destination, activities, season*):

- 1 pair jeans or khakis
- 1 pair nice slacks
- 1 light sweater/jacket or pullover (*can be worn on the plane instead of packed*)
- 4 casual shirts (*T-shirts or short-sleeve button-downs*)
- 2 pairs shorts
- 2 polo or button-down short-sleeve shirts
- 1 sports jacket (*for nicer restaurants, some do require them*)
- 1 tie (*rolled up it won't take up much room, some restaurants require them*)
- 1 swimsuit
- 1 pair *comfortable* walking shoes or sandals
- 1 pair nice shoes – even black sneakers can look good with slacks & a sport coat
- 1 pair flip flops (*for beach or poolside*)
- Extra socks and underwear

For Both of you:

- Sunscreen and lip balm
- Sunglasses
- Sun hat or baseball cap
- Paperback books (*you can leave them in the hotel library once you've read*) NOTE: iPads or other tablets are great for reading, but be very careful outdoors – even in the shade they'll reflect light on to your face, and you can get a serious sunburn that way!
- A canvas beach bag or lightweight day-pack (*you'll want something big enough to hold a bottle of water, your camera & sunscreen, etc.*) – to carry your things to the pool or beach, or if you go into town.
- A small money belt or fanny pack to hold cash, credit cards, etc. for when you go shopping or sightseeing – be sure to wear it in the *front*
- Guidebook (*you can just tear out and take pages for only what you're interested in*)
- Electrical converter/adaptor (NOTE: *Most of all-inclusive resorts have US-style outlets and adapters may not be necessary – check with your Travel Agent to be sure.*)

Basic Toiletries (*remember – use travel-sized containers whenever possible*):

- Toothpaste / Toothbrushes
- Deodorant
- Cosmetics and Make-up remover
- Cotton balls and swabs
- Comb/brush
- Hair gel/spray
- Nail file/clippers
- Shaving cream / Razors
- Contact lenses and saline solution, storage case
- Hair accessories – clips, headbands, etc.
- Buy or pack a *small* first-aid kit that contains:
 - Insect repellent (*and anti-itch cream for the bugs that break through*)
 - Band-Aids

- Aspirin
- Antacid
- Antihistamine
- Diarrhea medicine
- Tampons/pads (*besides the expense, they can be hard to find outside the US*)

Convenient Extras (*nice to have, but not necessary*):

- Ziploc bags (*all sizes; useful for packing wet swimsuits or protecting camera and film when it rains*)
- Earplugs
- Sewing kit
- Shout Wipes (*instant stain-treating towelettes*)
- Anti-bacterial liquid or lotion
- 1 pair workout sneakers and 2-3 workout outfits if you plan on visiting the resort's gym or jogging on the beach
- Compact umbrella or rain ponchos

Very Important – Leave these items with family or trusted friends before you go:

- Your itinerary and hotel phone numbers
- Photocopies of your passport, credit cards, and traveler's check receipts
- A sealed copy of your wills, life insurance-policy numbers, and pertinent financial info